



School of Pharmaceutical Sciences

Chettinad Academy

of Research and Education
(Deemed to be University)



**INSTITUTION'S
INNOVATION
COUNCIL**
(Ministry of HRD Initiative)



Meditation Training Program

by
Heartfulness Organisation

Organised by

Chettinad School of Pharmaceutical Sciences
and Student Counseling Centre, CARE

Date :

29th to 31st
October 2019