

# ORGANISING COMMITTEE

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**Shri. M.A.M.R. Muthiah**

Trustee, CARE

## Advisors and Benefactors

**Dr. K. Ravindran**, Vice Chancellor, CARE

**Dr. K. Ramesh Rao**, Dean, CHRI

## Organising Chairperson

**Prof. Dr. N. Meenakshi**, Prof. & HOD of Respiratory Medicine

## Organising Secretary

**Prof. Dr. Aruna Shanmuganathan** (98413 78862)

## Joint Organising Secretaries

**Dr. S. Subramanian** (72998 07177)

**Dr. V. Viswambhar** (74012 95666)

**Dr. R. Ragulan** (98949 57999)

## Finance Committee

**Dr. V. Viswambhar, Dr. R. Ragulan**

## Registration Committee

**Dr. S. Subramanian, Dr. Nisha Ganga, Dr. S. Suresh**

## Catering Committee

**Dr. V. Viswambhar, Dr. S. Suresh**

## Stage Managing Committee

**Dr. Nisha Ganga, Dr. Radhika, Dr. Krishnaveni, Dr. Advita**

## Transport Committee

**Dr. Mithun Joy, Dr. Pukazenthi**

**Chettinad Hospital & Research Institute**

(044 - 4742 8240)



**Chettinad**

Academy of Research & Education

(Deemed to be University Under Section 3 of the UGC Act 1956)



**Chettinad**

Hospital & Research Institute

## Department of Respiratory Medicine



Cordially invite you to the  
CME on

## "Updates in Sleep Medicine - 2016"



Date : 25<sup>th</sup> June, 2016 (Saturday)

Time : 8.30 am - 5.00 pm

Venue : L.H-3 (Mini Auditorium)

**REGISTRATION FREE**

**\* BUT MANDATORY \***

It is with great pleasure that we invite you for the  
**CME on**

## “UPDATES IN SLEEP MEDICINE - 2016”

to be conducted on

**25.06.2016**

The last date for Registration is **20.06.2016**

### Organising Chairperson

**Prof.Dr.N. Meenakshi**

Professor & HOD,

Dept. of Respiratory Medicine, CHRI

Contact details:

### For Registration

**Dr.S.Subramanian**

Associate Professor,

Dept. of Respiratory Medicine, CHRI

Mobile: 72998 07177, 94451 20772



## Program Schedule

Time	Topic	Speaker	Chairpersons
08.30 - 09.00 am	Registration & Pre Test		
Session - 1 09.00 - 09.45 am	Introduction and Scope of Sleep Medicine	Dr. Raj Kumar	Prof.Dr.N. Meenakshi Prof.Dr. B. Rajagopal Prof.Dr. R. Sridhar
Session - 2 09.45 - 10.30am	Sleep Medicine – There's more to it than Sleep Apnea	Dr. N. Ramakrishnan	Prof.Dr. C. Chandrashekar Prof.Dr. D. Rajasekaran Prof.Dr. V. Natarajan
10.30 - 11.00 am	Welcome address Inaugural address Felicitation Vote of Thanks	Prof.Dr.N. Meenakshi Prof.Dr.K. Ravindran (Vice Chancellor, CARE) Prof.Dr.K. Ramesh Rao (Dean, CHRI) Prof.Dr.Aruna Shanmuganathan	
11.00 - 11.15 am	Tea Break		
Session - 3 11.15 - 12:00 noon	Sleep Disordered Breathing – Pathophysiology, Comorbidities and Complications	Dr. A.R. Gayathri	Prof.Dr. V. Gangadharan Prof.Dr. A.D Nageswari Prof.Dr. R. Pajanivel
Session - 4 12:00 - 12.45 pm	Diagnosis and Treatment of Sleep Disordered Breathing	Dr. Apar Jindal	Prof.Dr. Surendra Menon Prof.Dr. A. Mahilmaran Prof.Dr.R. Srinivasan Prof.Dr.A.D. Nageswari
12.45 - 1.30 pm	Lunch		

## Workshops

Time	Topic	Resource Faculty	Internal Coordinator
Station 1 (1.30 - 2.00 pm)	Managing sleep in the Respiratory Patient	Dr. Rajkumar	Dr.S.Subramanian
Station 2 (2.00 - 2.30 pm)	Interpreting the PSG report	Dr. Apar Jindal	Prof.Dr.Aruna Shanmuganathan
2.30 - 2.45 pm	Tea Break		
Station 3 (2.45 - 3.15 pm)	NIV – CPAP, BiPAP, AVAPS, ASV	Dr. Deepak Pabreja	Prof.Dr.D.C.Mathangi
Station 4 (3.15 - 3.45 pm)	Titration	Dr. RajuYara	Dr.V. Viswambhar
3.45 - 4.30 pm	Quiz		Dr.R. Ragulan
4.30 - 5.00 pm	Distribution of certificates		