

DR. C N RAM GOPAL

Professor in Counseling Psychology
Faculty of Allied Health Sciences
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**Qualifications:**

Ph.D.: 1998, University of Madras
M.Phil: 1989, Bangalore University

Research Interests:

1. Guidance & Counselling and Psychotherapy (Cognitive Behaviour Therapy)
2. Psychological Testing.
3. Psycho-diagnostic Assessment.

Work Experience:

- 06.01.2017 till date– Present: Professor – Counselling Psychology, Faculty of Allied Health Sciences , Chettinad Hospital & Research Institute, Chettinad Academy of Research & Education
- April 2015 to 05.01.2017 –Associate Professor – Counselling Psychology, Faculty of Allied Health Sciences, Chettinad Hospital & Research Institute, Chettinad Academy of Research & Education
- Jan 2013 till Mar.2015: Visiting Teaching Faculty, National Institute for empowerment of persons with Multiple Disabilities (NIEPMD)
- Jan. 2014 to Mar. 2015: Associate Professor of Clinical Psychology, Sree Balaji College Physiotherapy & Rehabilitation Centre
- July 2002- Till Dec.2013: Assistant professor of Clinical Psychology, Bharath University, Chennai
- 1994 -1997: Research Scholar, Dept of Psychology, University of Madras
- September 1992 – January 1994: Consultant Clinical Psychologist, Tamil Nadu Hospitals, Chennai
- March 1990 – July 1992: Lecturer in Clinical Psychology, Dept. of Psychiatry Unit – I, Mental Health Centre, Christian Medical College, Vellore

Extramural projects ongoing/completed

NIL

Copy Rights : 1

Gender Role Assessment Tool. RamGopal C N and Deepika.

Sexual Orientation Scale by C N Ramgopal and Sagayaraj K (Submitted:
10130/2019-CO/L)

Research Guidance

Ph.D.:1 Submitted, 3 -Ongoing

M.Sc.: 14 students

Summary of Research:

| Papers | Citations | h-index |
|--------|-----------|---------|
| 10 | 29 | 3 |

Publications:

1. C N Ram Gopal, "A Study of Behaviour Disorders in Moderately Mentally Retarded Children and their Relation to Parental Attitude", in Indian Journal of Clinical Psychology 1994, Vol.21, No.2, .
2. C N Ram Gopal & V D Swaminathan "Correlates- Behavioural & Cognitive Management of Dysthymia", in the Indian Journal of Health & Well-being, December 2012, Vol.3, Issue 4, Page no.852-858.
3. C N Ram Gopal "A Follow-up study of Dysthymic Patients treated with combination of Cognitive Behaviour Therapy, Pharmacotherapy in the Indian Journal of Health & Well-being, December 2012, Vol.3, Issue 4, Page no.919-924.
4. A. F. J. Anand & C. N. Ram Gopal (2015). "Gender Based Comparative Study of the Emotional Intelligence of Engineering College Students of Chennai". Published during January 2015 in Journal of Psychological researches, Vol.15, No.1, 7-12.
5. G. Sangeetha & C. N. Ram Gopal (2016). "Factors contributing to Marital Compatability and their Relationship to Personality, Emotional Maturity and Mental Health". Published during January & August, 2016 in Journal of Psychological researches, Vol.16, No.1& 2, 72-79.
6. A. F. J. Anand & C. N. Ram Gopal (2016). "Emotional Intelligence & Academic Performance of Graduate Engineering College Students" published during May-June 2016 in Research Journal of Pharmaceutical, Biological & Chemical Sciences, Vol.7 (3)16, Page No.2540-2551. Impact Factor: 0.35.

7. Lahari Pulluri & C. N. Ram Gopal (2018). "Impact of Relationships, Social Interaction Anxiety and Self esteem on the usage of Facebook among Young Adults" in Journal of Psychological researches. Vol.62 (2). Page No:12-16
8. Sagayaraj K, Sivarajan N, C N Ram Gopal (May 2018). " Comparison between medical & non-medical college students on the level of stress". Medpulse International Journal of Surgery. May 2018; 6 (2): 57-61.
9. P. K. Aysha Parveen, C. N. Ram Gopal & S. Karthikeyan (Aug.2018). "Efficacy of Picture Exchange Communication System (PECS) with parental involvement for facilitation Non-verbal Communication in children with Autism". Journal of Psychological researches. Vol.62 (2). Page No: 43-50
10. S. Karthikeyan, V. Sivakumar, C.N.Ram Gopal & Sagayaraj K (2019). General well-being and self concept of mothers having children with multiple disabilities. Journal of Psychological researches. Jan 2019, Vol. 63, No.1. 39-45

Workshop / Conference / Seminar Conducted:

Conference / Workshop / Invited Lecture/ Resource person / Seminar/:

1) Conference on School Psychology Services to Children with Multiple Disabilities, 3rd InSPA National Conference, NIEPMD, Chennai, November 2013.

2) Conference on Health & Well-Being, National Conference on Enhancing Psychological Well-Being, Bharathiar University, Coimbatore, February 2014.

3) Conference on Positive Schooling: A Heaven for Holistic Development, 4th International Conference on Psychology & Allied Sciences, Goa, January 2016.

4) Conference on Essentials in General Hospital Psychiatry, CHETPSYCON 2016, CHRI, Chennai, September 2016.

5) Conference on Successful Mental Health & Well-Being, 3rd International Conference by the Department of Applied Psychology of the Pondicherry University & 6th InSPA International Conference, Pondicherry, October 2016.

6) Resource Person: Department of Psychology, Annamalai University, Chidambaram.

7) Invited lecture: Topic- Cognitive Behaviour Therapy, Department of Psychology, Annamalai University, Chidambaram, September 2016.

8) Workshop: Topic: Psycho-Oncology- Prevention to Palliation, Department of Psycho-Oncology, Cancer Institute, Adyar, Chennai during February 2016.

9) Invited Speaker during International Seminar on "Trends in clinical Psychology" at Annamalai University Dept. of Psychology, 15 March 2018

10) Chaired Scientific session on "Enhancing Mental Health: Exploring New Dimensions" at 45th National Annual Conference of Indian Association of Clinical Psychologists, 26 May 2019