

10/3/16

MINUTES OF THE STUDENT COUNSELING CENTRE MEETING HELD ON 19.03.16

Venue : Dept of Physiology

Members present

Prof.D.C.Mathangi - Convener SCC
Prof.S. Stella Suguna Kumari - Member
Dr. C.N. Ramgopal - Member
Dr.S. Kailash - Member

Agenda

1. Update on the activities of the Student Counseling center
2. Organization of programs by the SCC
3. Any other matter

Agenda 1: Update on the activities of the Student Counseling center

The SCC team has counseled one Nursing student who had fear and anxiety issues. The student was referred to Prof.Stella by the course coordinator, who had taken her to the Clinical Psychologist Dr.Ramgopal. As she required Psychiatric treatment as well her parents consent was obtained and she was taken further by Dr.Kailash for treatment. She is currently under the care of Prof.Shajahan and showing some improvement.

The committee felt that there should be more such students and we need to make them aware of this centre where they can approach to for help/guidance. It was suggested by the members that this center could conduct a session during the orientation program for the first years when they enter the university itself. The matter would be put before the concerned college heads for permission.

Agenda 2: Organization of programs by the SCC

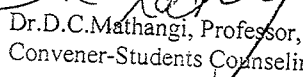
The committee members felt the need to organize programs for various purposes. They can be organized in phases for the students with various faculty. To begin with, it was suggested to conduct the following programs:

S.No.	Program theme	Program for	Suggested date
1.	How to face Examination stress	1 st year MBBS students	28.3.16
2.	How to face failure	Students who had entered Pre Final year	Date to be suggested by the Dean, CHRI
3.	Mentorship training program	Pre clinical department faculty (Anatomy, Physiology & Biochemistry)	Based on the convenience of the faculty of the 3 departments, probably 1 st wk of June

Any other matter:


The Clinical Psychologist Dr.Ramgopal felt that it would be more comfortable to have a separate room in his department for counseling purpose to have privacy while discussing with students. This would be brought to the notice of the administrators for an action.

The program concluded with thanking the members for their active participation.


Dr.D.C.Mathangi, Professor, Physiology/
Convener-Students Counseling Center

TO
Members of Students Counseling Center
CC:

Vice Chancellor
Registrar
Dean, CHRI
Principal, CCN
Principal, AHS


Dr. R. G. R.
Asst. Prof. Padmanabha


11/29/3/16