

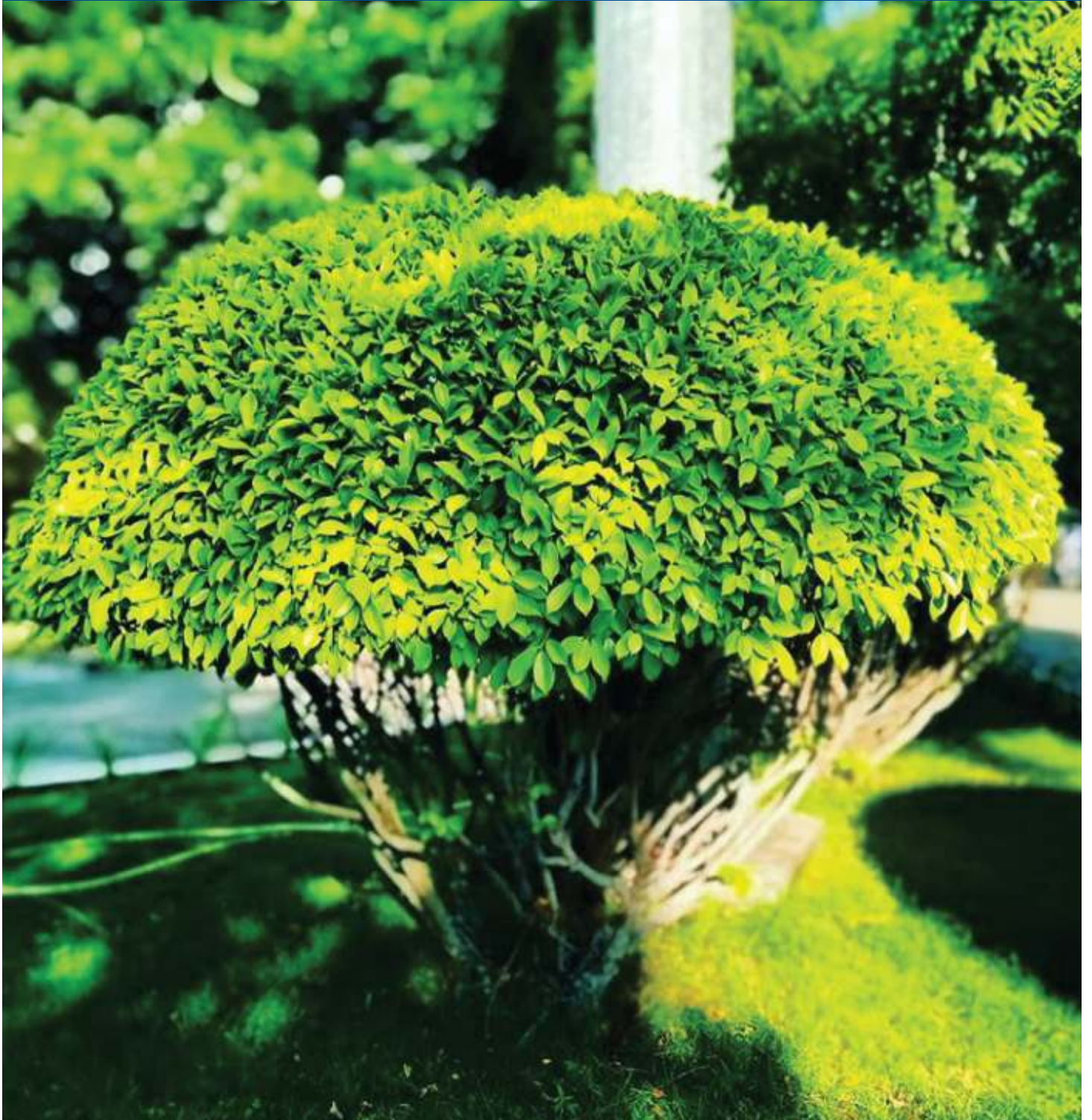


**Chettinad
Academy**
of Research and Education
(Deemed to be University)

CARE

KONNECT ▶

Compassionately Together



“Go Green; There is no planet B”

Image courtesy: Antony Godson

Students of CARE have won awards for various academic and research activities. Let us take a moment to congratulate them.

“



CARE proudly congratulates **Ms Harini K**, postgraduate student in M.Sc. Medical Bionano- technology for having won the best **ORAL PRESENTATION AWARD** at the International Conference on Advanced Nanomaterials for Energy, Engineering, Biological and Medical Applications (ICAN 2019) organized at **Chettinad College of Engineering and Technology, Karur** on 12th and 13th December 2019. CARE wishes her success in her academic pursuits.

”

“



CARE heartily congratulates **Ms Jino Affrald. R**, postgraduate student in M.Sc Medical Bionano- technology, for having won the **"Best Student award"** at National Level for Undergraduate students (BSc Medical Bio nanotechnology) from **Dr Kalam Educational Trust**. This award was presented to her for excelling in Academics and Research. CARE wishes that she brings more glories to the institute.

”

“



Dr Rajakeerthana, Post Graduate, General Surgery for winning 2nd place in 'Poster competition' in the National Conference of Association of Surgeons in India held at Bhubaneswar, Odisha between 18th and 21st of December 2019.

”

STUDENTS CORNER

‘Students Corner’ is the section for and by the students. It is said “student life is golden life”. It is the period of pure joy and happiness. It is the time when students embrace creativity as it blossoms from within.

In this edition we have poem, fiction, sketches, photographs and essays & slogans which have won prizes in the in-house competitions. Team CARE KONNECT takes a moment to congratulate all the students who actively take part in all the competitions happening in-house.

It is not winning or losing but participation that really counts. Because the only competition worthy of a wise man is with himself. Keep us engaged watching your talents, like always!! ;)

THE STORM

*“Now that the palace gates have softly closed on its flowers,
Beautiful women file out to their pavilions of jade.
A brim to the lips with Imperial gossips,
But, not daring to reveal it,
With a parrot among them”*

- hRh

NEW AGE POEM ON NANOPARTICLES

ஆத்திசூடி முதல் Avengers வரை
அசர வைத்த அசுரன் இவன்!
Tattoo முதல் drug delivery வரை
உருவம் இல்லாத அருவம் இவன்!
இமயத்திற்கும் சவால் விடும்
இளஞ்சிறுவன் இவன்!
தம்மாத்துண்டு surface area கிடைத்தால் போதும்,
தலைவரின் தர்பார் போல கல்லா கட்டுபவன் இவன்!
தடம்மாறி respiratory tract- ல் நுழைந்தால்,
சங்கு ஊதும் வல்லமையும் கொண்டவன் இவன்!
சிவலோக பதவி சிறப்பாய் கொடுப்பவன் இவன்!

-Kavitha Sri Annadurai

In the last edition, we had published the first chapter of this story and this time we are into the next one. Go on to read what our young writer has in this chapter for us..

A not so good writer's tale

There was this guy in class whom every girl liked as he was tall, well built, and with good features perhaps. Once when I was talking to Luna, I casually spoke about this guy. And it was a surprise that he lost his temper all of a sudden.

Me: there's a guy in class, who's got all the girls behind him.. And he's cute..

Luna: oh ok, see you then bye.

Okay.. wait.. what..?? (That sounds weird.. and that's really awkward to end a conversation like that)

This made me act mad, I started cooking up scenarios in my head like every other overthinker on this planet. I tried talking to him, like seriously.. well I did nothing here.. but why is this guy acting weird all of a sudden.

I'd tried convincing him like for about half an hour which is quite a long time for someone who's really short tempered like me. I was annoyed by then.

Me: I'm done, now get lost.

Luna: go get lost Poggarpothi.. come on get lost.. go go (he said like a kid) wait.. what..

Ok I'm poggarpothi here.. and Luna is Mr.Poggarpothu to me, that's a Telugu word. Just before my overthinking brain came into action, he began

Luna: you've never called me cute till now, who's this guy?? You should be calling me cute.. only me..

What the hell screamed something within me in all excitement, but I thought of playing a little here, and acted normal showing no excitement.

Me: oo haha.. ok..

I'd never had a disturbing night's sleep untill that day, I was all terribly drenched in mixed emotions , sleepless.

Weeks.. months.. and almost half an year passed by, I lost some weight, gained new company, days went on really fast, a lot of things had changed except for one thing, Luna.

Now Luna told me about how he wanted to do his upcoming exams well, and that he would be in trouble incase he didn't, and how he's too much into his mobile these days.

Luna: I need to quit my mobile for a while can you help me out poggarpothi??

Me: But, how am I supposed to help you out.

Luna: Just give me company nah, I'll feel a little motivated.

Me: okay..

So we both decided not to use any social media for a week, and give it a try.

Day 1

It went fine, till I started missing him for no logical reason in the middle of my botany lecture, mid-noon perhaps.

Ok calmed myself.. and filled myself with self motivations. It was all going smoothly until that call arrived.

“LUNA”

The name flashed on my screen, I was by now on cloud number nine, I couldn't believe that he'd called me, that was our first call.. and I could feel my organs sinking into the feeling as to how this call would turn out to be.

It took a minute, before I could attend the call, after adjusting my voice and trying saying Hello in the sweetest tone I could possibly talk with, hiding my excitement within my throat and let a confident Hello out of my voice box.

Me: Hello..

Luna: Hi.. hmm well

How is it going..??

Me: what?? (as I smiled through one corner of my lips)

Luna: this “no social media” thing

Me: well good.. perhaps great (I didn't want to say that I missed him a little, and my attempts to contact him)

Oh okay, just called to make sure you were fine, Bye he said and the call ended. I'd snapped myself for ending the conversation blankly.

A text from him on my screen as the call ended which said,

Luna: your voice seems so beautiful, I wish to hear you sing someday..

And following which he had sent a voice recording.

It was a song sung by him with mild piano music, I loved the way he made those words just flow out with all that they ever meant to be, He insisted on me singing a song for him.. I never had a very good voice, I'd consider myself B grade in singing, and forever a proud bathroom singer perhaps.

Calls turned out to be more frequent, and it became a every day ritual that we sing together in our calls, **“It felt different, a beautiful kind of different”**, being a bathroom singer, I'd always loved to sing and with him even though I never really took in the essence of the song when I sing, I loved it for the fact that it was with him.

Luna **“you filled me with all the love I ever needed,”**

Fights and misunderstanding came their way but never stayed here, were both willing to solve very stupidest issue that came in. He let nothing break us apart but as they say “money and girl can change a man anyways”

Yes it was a girl, she has been there from the beginning, his so called best friend. I hated her, like always for no logical reason. Luna started talking about her more than he did about anything else. I hated her for the fact that she had more time, closeness, and more of all the magic he was.

Days were alright, nights turned terribly hurting and hard.. I could feel the distance in every conversation we had but still could do nothing.

“You know, sometimes it's hard to stay and still harder to stand apart” and that's exactly how you felt Luna.

May be I shouldn't have heard about her, from you, atleast I wouldn't have realised I'd fallen, I could have kept it all hidden, a secret..

“you'd wish me good night and stay online for hours after which, I stayed awake all night”.

It hurt to know that you lied, you compromised..

How is it that being sometimes to many didn't hurt, but being someone's sometimes can break you every minute on daily bases.

Luna was very upset after some issues at home, he always said “you understand better than anyone else”, but what he never was how much I've loved him to understand him so well.

His birthday was coming up in that week and this family issue turned out to be a spoiler.. no I'm not letting it happen, I told myself. As I heard the crackling in his voice, tears had welled up buy now, I felt like giving him a tight hug and telling him its going to be ok..”

Happy birthday Luna.. Its Definetly not going to be the best wish on your birthday.. but just close your eyes, and escape this town for a while..

I know you from deep inside.. I know how broken you are.. but its okay..

You parent's love you, your friends they need you..

It's a cold winter evening, you mom and Leena are out there, around a champ fire.. you keep singing your favourite songs as you see the sun sink among those grey skies.. you have you favourite chicken for dinner.. kissing you all warmth when its cold out there.

You're going to lie down of the dew covered grass , now look out at the stars up there.. you see them right?? They've been put there, just for you..

Just keep smiling, when ever you feel you have no reason to smile.. Just know, there's this heart that's aching to see you smile.

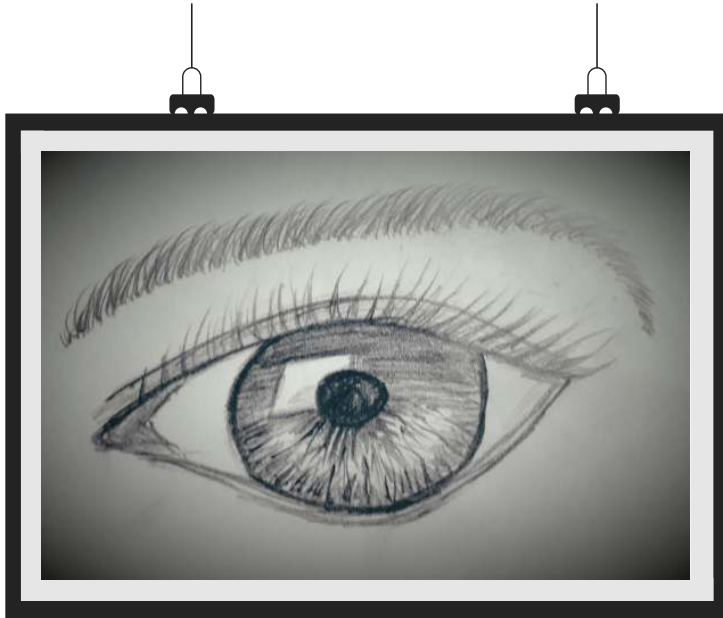
You better smile, or I'll call that guy cute again (he shrugged a little and laughed). **You need you more than anyone else. Don't love yourself any less.**

Happy 18 Mr. Luna, I ended.

I needed this the most, I don't know how to say.. thanks.. bye..

- Minisha

SHADES & STROKES



Janakiraman V
M.Sc., Medical Biotechnology



Janakiraman V
M.Sc., Medical Biotechnology



E.Soundharya,
BSc.AHS,1st yr



Anantham

CLICKS



Antony Godson



Antony Godson



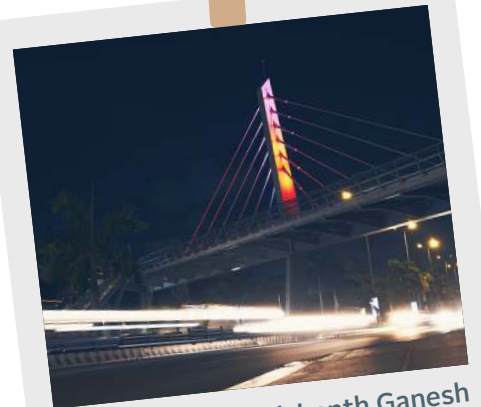
Nishanth Ganesh



Sriman raj



Sriman raj



Nishanth Ganesh

In observance of 'National Youth Day' on 12th January, competitions on essay & slogan writing were conducted by the department of Anatomy, CHRI. Here are the prize winning slogans & essays for your reading pleasure.

SLOGANS

SAVE THE ENVIRONMENT, CARE FOR ENVIRONMENT

- | | |
|--|---|
| 1) We pity, we cry
She's pretty, we eye
Let's swear
We care!! | 3) She is rare,
We will care!!
Lay the pave,
Let us save!! |
| 2) She's what god gave,
She's rare,
We will save!!
We will save!! | 4) Making her weak, we feel
To make her strong, we kneel!! |
- Harshini, 1st year MBBS

CARE in Care for Environment

*CARE – We care about our environment
We thrive to serve
A campus which coexists with nature
A place where not only humans are saved but nature too
A bridge connecting nature with modern society*

-Adarsh P S

ROLE OF YOUTH IN SHAPING THE NATION'S FUTURE

"The world is waking up. Change is coming, whether you like it or not."

These were the words of Greta Thunberg, a climate activist aged 16, to the UN Summit regarding climate change.

We often hear that the youth is the future of any nation, for the simple reason that any country where the population of youth is more, has a better chance of developing at a quicker pace since the working population exceeds the dependent one. India is one such country, with half of its population younger than 25 years old.

A recent study found that globally, young people are far more optimistic about the future. Despite unemployment rates increasing and a much more unstable economy, today's youth enter adulthood with the confidence that they can build a better future for themselves and for those who follow. "Young people have the potential to save the world, all we have to do is let them do just that" – as stated in the latest UN DESA'S World Youth Report.

Statistics and studies apart, the youth play a vital role in shaping the nation's future and this has been proved time and again by the various protests throughout history that have been led by students and the change they've created. Right from the Tiananmen square protests to the recent student led protests condemning NRC, CAA and Modi's tyranny – the youth have always been loud in proclaiming that they're always watching and will always rise up unitedly.

The youth privy of education and better opportunities, especially with the advent of internet and the vast availability of information have a better understanding of the world. As the youth, we always observe what the older generations are upto and what they're doing for our country. The more misdeeds they commit, the louder will the youth stand up again and again and thwart the implementation of their ideals.

The youth are more concerned about new ideas and solutions for the current problems rather than establishing "ideals"

The world hasn't treated us well – from natural disasters encouraged by improper human practices and the political scene filled with corrupt people who care only about personal gains – we are all the more encouraged to correct the past and set the nation in the way it's meant to be.

Climate change is at an all-time rise especially with Governments failing to realise the seriousness of it. Even the idea of cutting emissions in half in 10 years only gives us a 50% chance of staying below 1.5 degrees Celsius. With unchecked industrialisation along with the craze of development, is it any surprise that we've horrible forest fires in the Amazon and Australia along with the loss of animals who had no part in causing these calamities? The youth rather, understands 'sustainable development' and that we should be concerned about the interests of all the stakeholders and not the industrialist's or the highest bidder's alone.

The youth especially from India has shown significant participation in the technological growth of the world but has turned a near blind eye to politics and climate change. Although there are many youths interested in politics, the elders usually shun them away by saying that politics is not a safe place.

As youth, all we want to do is lead the nation to a better place, we do have a sound knowledge of what is going on in the world, but the older generation always seems to think that the only thing we are concerned about are our gadgets and personal welfare when it's not that way.

Yes, technology has made in real life connection a harder affair, but this doesn't exclusively mean that we've become selfish beings. They might have years of experience exceeding our age but that doesn't necessarily mean that we don't know what we're talking about or that we don't understand how the world works.

We've had great leaders such as APJ Abdul Kalam who incessantly worked in motivating the youth to be better and even proposed goals like "Vision India 2020". Well, it's 2020 already and we've accomplished exactly how many goals? None.

We've been betrayed and lied to, time and again by people who claim that they will work for our welfare, will reduce climate change, who will produce the country's economic peak; when in reality all they care about is thickening their own wallets and fulfilling their own agendas. The past generation promised so much to us and what did it give us? – a less than conducive place to live in, racism, sexism, a country which judges you based on the idol you worship or the sexuality of a person, a country which discriminates based on any diversity we have, a country where reports of rape and murders have become so common, a country brimming with hate and restlessness.

The current youth, we don't care much for these ideals of caste, religion or creed. We understand that we are human first and foremost, we understand what basic human rights entail because more often than not we've seen our very own peers being denied those rights.

We've learnt to live and let live, to respect the various beliefs of people, to not indulge in hatred and to love everything present on the earth in general, because we understand that the Earth is not ours alone and that we merely make up a minute part of it.

You want someone who can lead the nation to great heights? Entrust it to someone who has been on the bad side of things for so long, who has seen what greedy people can do to this great nation, someone who is well educated, compassionate and who has the will to do whatever it takes – You'll naturally end up entrusting it to a youth.

We're waking up too, realising that it's high time we took the country out of your hands and that we directly contribute to what we feel is necessary. Take the pro-Jallikattu protests for example – so many days toiled under the sun, everything provided and managed by students, 15 days of resistance only to be cut short by political parties inducing violence within and calling it the student's fault. But the student's efforts were not in vain.

What do we understand from this? That the power of the youth, especially when united is so great to make their legs quake. People might rig elections and do whatever it takes to make sure that the democratically voted party is not what the commonwealth wished for. But when so many people openly dissent and condemn their decisions, there is only an extent to which they can evade public opinion; for democracy is still the government for the people, by the people and of the people. Moments of people expressing disappointment and moments of rectification is what democracy lies on.

We are more than well educated to understand what is going on in the country. The media might side with the ruling party and may not do what the media is meant to do. But make no mistake, when we feel that a voice is meant to be heard, we'll make sure it's heard – loud and clear, for the generations to follow to make note of also.

- POORNIMA DHANDAPANI (MBBS, 1st Year)

ROLE OF YOUTH IN SHAPING THE NATION'S FUTURE

INTRODUCTION

“The destiny of nations is in the hands of youth”.

It is a well – known fact that the youth of any country is a great asset. Youth are the most important and dynamic segment of the population in any country. The role of youths in shaping the nation's future is more important. As every citizen is equally responsible, the youth is too.

Youths are the **building blocks of a country**. The energy and brightness of minds of youth act as **torch-bearer for a nation**.

In other words, the intelligence and work of the youth will take the country on the pathway of success. We can undoubtedly say that **today's young are tomorrow's innovators, creators, builders and leaders**.

The youth plays a great role in shaping the nation's future. They have the power to help for a development of a country and move towards progress. It also is responsible for bringing social reform within a country. The youth of a country determine the future of a nation.

The energy and determination youth can be considered to be almost the whole population because a young person can do the works of several old people. Moreover, **they are the leaders of future**.

The economic triggers happens when a country's more hands to work available than more mouths to feed. To put it succinctly, working age population has to be larger than the dependent population.

Unfortunately, being a democratic nation and largest democracy in the world, India is still lagging behind in achieving socio-political and economic equalities, which were dreamt by our predecessors. As a nation, since 72 years, we have been striving to eliminate these inequalities at all levels, which are existing in the forms of poverty, unemployment, illiteracy, corruption, violence, gender bias etc. So the Indian Youth needs to take the charge and come forward to fight against multiple inequalities and contribute in nation building.

ROLE OF YOUTH IN SHAPING THE NATION'S FUTURE

“Youths are the pillars of national development”

The youth is important because they will be our future. Today they might be our partners, tomorrow they will go on to become leaders. The youth are very energetic and enthusiastic. They have the ability to learn and adapt to the environment.

Youth can bring social reform and improvement in society. Furthermore, the nation requires their participation to achieve the goals and help in taking the country towards progress.

All the youth must aware of their power and the role they have to play in nation building and shaping.

Here as I taking part in youth so i list some of the roles of youths in shaping the nation's future

- India's development is in the hands of the young people
- Youth can be an antidote to bad governance and corruption
- Youth are problem solvers
- Youth as an agent for positive change

INDIA'S DEVELOPMENT IS IN THE HANDS OF THE YOUNG PEOPLE

“Youth are not only the leaders of tomorrow, but also the partners of today.”

India has the edge of demographic dividend. Youth have the power to change the nation. Young mind will be more fresh and innovative which helps in the progress of the country.

Only way to express the ideas and to implement their policies is politics. Young people should be motivated to take part in politics and to occupy the high positions such as Prime Minister, Chief Minister and Governor.

Knowledge and unity speaks a lot rather than experience. For instance, a mass protest by the youth in Delhi for justice of **Nirbhaya case**, a mass protest in Delhi for India against Corruption and a mass protest in the **Marina beach for Jallikattu** etc are some of the prominent examples for the strength of youth. If the ruling power is given in the hands of the youth, then definitely India will become developed nation soon

Young people are social actors of change and progress. They are a crucial segment of a nation's development. Youth is that period in which revolutionary thoughts spring to mind and these thoughts shape the world we live in. **Bill Gates**, the founder of Microsoft Corporation, is a living example. He had a revolutionary thought and he exercised his thought and look, how he has change the world today.

YOUTH CAN BE AN ANTIDOTE TO BAD GOVERNANCE AND CORRUPTION

Youth have power to change. Education programs should aim to teach and young minds right from the school level the importance of choosing right people who would take charge of governance.

Youth should be motivated to consider politics as a means to serve the nation. They should be oriented on anti-corruption drives with focus on prevention, education, and strategies for fighting corruption. Good governance is realistic with youth empowerment.

The pivotal role of youth, who are afresh with ideas and not ideals, will help in this movement towards a transparent civil society structure which can influence the political administration for the benefit of the society.

YOUTH ARE PROBLEM SOLVERS

Our nation needs them to resolve most of our problems. Currently India is facing a lot of challenges, and youth are capable of solving them. Youth have the power to unite individuals in the various ethnic groups. Racism is an ongoing issue around the world. Individuals are fighting against each other because of the complexion of their skin and the texture of their hair.

Religion is another issue, the youths can convince their fellow man to live in peace and love. All of us are one and we should not allow these little differences to push us away from each other.

There also a lot of crime taking place. Women are being killed by their abusive husbands. Person's homes, businesses, are being broken into. All of this crime and violence needs to stop. The youth once more has the ability to bring about a change in the country.

Youths seems to have the ability to face any issues and challenges. They have a positive influence on their fellow young people. They are able to teach them the positive things in life.

The youth are our life and nation. They will make our country proud. The country will be recognized. The youth just need the support and enabling environment at family level, community level, society level, state level, national level and international level which in turn will them to perform their duties.

YOUTH AS AN AGENT OF POSITIVE CHANGE

The role of the youth in the nation building is crucial. They are problem solvers, have a positive influence on other young people and the nation, and are extremely ambitious. They have the ability to create an identity for themselves and move the nation forward. Then the youth can make their beautiful land flourish and shine in success.

CONCLUSION

In short, youth has the power to build a nation so all must give them the opportunity. They are the future and they have the perspective which the older generations lack. Their zeal and enthusiasm must be channelized properly to help a nation prosper and flourish. With all the modern means of this computer age, where everything seems to be possible, why can't the youth override the things done by the people in the past? We always consider the heroes of the past to be the evergreen characters. But today the youth with the proper use of the modern facilities should be evergreen characters for the times to come.

As I am taking part as youth surely I will make **"my country feel proud."**

- K.Gayathri, IV Year B.Sc. Nursing

CAMPUS BUZZ

19th December 2019

Distribution of free Hearing Aids

Free hearing aids were distributed to ten underprivileged patients, an initiative by the department of Otorhinolaryngology (ENT), CHRI in contributing to improving the quality of life of the economically weaker patients.

Dr. S. Rajasekaran, Prof and Head of ENT department had arranged for the hearing aids sponsored by Rotary club, Chennai. The devices were distributed in presence of Prof Dr B Santhakumar, Dean, CHRI and Mrs Arulmozhi Ramanathan, President of Rotary club, Chennai.



19th December 2019

HIV Awareness Rally

Department of Dermatology, CHRI organized a HIV Awareness rally to create a global cognizance of the disease and to involve the community participation in the eradication of HIV by 2030. The students walked in the lanes of the village and made people aware about myths related to HIV and AIDS. The villagers also appreciated the initiative and took active part in the informative session.



03rd January 2020

CME on Clinical Governance

Clinical governance is an important aspect of the healthcare industry in providing quality care while ensuring the safety of patients. Department of Microbiology, CHRI organized a CME program on Clinical governance as part of good governance initiative by Government of India.

Dr J Mariano Anto Bruno Mascarenhas, the guest speaker took us through the various aspects of clinical governance through his presentation from the history of neurosurgery to popular race story of rabbit and tortoise to end with. Covering all other aspects and values of clinical governance through his presentation, he went on to explain 'Grief cycle'.

Below are the seven kinds of responses a person reacts in a sequential order when they receive or be exposed to a grief situation:

Shock, Denial, Anger, Bargaining, Depression, Testing, Acceptance



03rd January 2020

One-day Observational Visit

Can you teach someone a lesson even after you're dead?

Absolutely YES, if your dead body is used as a cadaver. A dead body in medical terminology is known as a Cadaver, used for dissections and teaching the medical students the anatomy of the human body practically.

As part of the curriculum, 88 First-year Nursing students and 5 members of faculty from GRT College



of Nursing, Chennai paid an observational visit to the Anatomy Museum, Physiology & Microbiology Lab in CHRI.

Mr G. Vaithianathan, Asst prof, Anatomy, explained about the major specimens of cadavers to an enthusiastic bunch of visiting students besides Dr S. Indumathi, Head of Anatomy, who demonstrated the specimens in the dissection hall. First sight of cadaver is scary and breathtaking at the same time. But the students were brave; none of them fainted or puked while touching the cadaver with bare hands. "It was scary, but I was excited to see what I could learn from this precious gift", said one of the students post the session.

06th January 2020

Institution Innovation Cell

Care plants another seed for innovation!

Guess what is the first invention that changed the future of mankind?

Wheel. From there, humans started to learn and discover everything that looks impossible but possible when put some innovation into it. And there could be no better place to find innovating minds than a university of standards. Chettinad Academy of Research and Education established Institution Innovation Council



(IIC) in line with MHRD, Govt of India. IIC-CARE has scored 21.65/25 with reward points of 416 for conducting various calendar activities recommended by IIC, MHRD between October and November in 2019.

Not only for green trees, CARE keeps planting seed for innovation too! Today's seeds are tomorrow's flowers.

11th January 2020

CME on Tuberculosis

About one fourth of the world's population is infected with tuberculosis (TB) bacteria. Of which only a minimal portion (those with weakened immune system) get sick with TB.

And not just that, a total of 1.5 million people died in 2018 from TB (counting 251,000 people with HIV). To bring an end to this killer disease, WHO has committed to eliminate TB by 2030. Meanwhile India, with greater hope and intent is aiming the elimination by 2025 itself.

Many more such facts besides diagnostic and treatment methods were discussed in the CME program organised by IMA Kelambakam, Chettinad Health City branch.

13th January 2020

Debate competition

"Civilization is what we have, culture is what we are"—Sarvepalli Radhakrishnan.

Change is the only constant thing that doesn't change. The evolution of humankind has impacted every little thing around us and culture is no exception. Worldwide, every nation holds a culture where in India, every ethnicity stands out with their very own culture and tradition. Unity in diversity, don't we say?!

But over centuries, the adoption of western culture in India is gradually wiping our unique identity and poses a threat to its diversity. Right from dance, music,



literature, food to the attire we wear, things are taking a turn now and then.

If all these changes can be put together in one word, then let's think about 'Globalization'. It is a term that encompasses cultural, ideological, political and similar other facets. To live in a broader, borderless world it is inevitable to be open to change but at the same time, it

is equally important to keep our culture and tradition intact.

Anyway, change is not mere imitation; it is rather how we adapt ourselves to the changing needs of our lives. Good and bad are part and parcel of human life, it is up to an individual's viewpoint whether the glass is half full or half empty.

The debate competition organized by the Dept of Anatomy, CHRI in commemoration of National Youth Day, kept the audience engaging and triggered more such thoughts as two teams comprising of four participants each debated on the impact of western culture in India. Competitions on essay and slogan writing were also conducted on interesting topics and prizes and certificates were presented to the winning teams.

SPORTS

Students of CARE participates in the All India Inter University Karate [Men & Women] Championship - 2019-2020 conducted by the Association of Indian University and organized by Sathyabama Institute of Science and Technology, Chennai.

Mr K A Sengottaiyan, Minister for School Education, Government of Tamilnadu inaugurated the event which happened between 08th and 10th of January, 2020. Students of CARE secured 5th place in TEAM KATA, competing 12 teams in the All India Inter University Karate Competition.



FELICITATIONS

“

FELICITATIONS



Chettinad Hospital and Research Institute proudly extols the emergency obstetric care provided by **Dr R Kavitha**, Associate Professor, Dept of OBG, when she immediately attended to a pregnant lady in labour, who had delivered a baby in an autorickshaw. She gave immediate postpartum care and helped to resuscitate the new born baby.

- DEAN, CHRI

”

“

FELICITATIONS



CARE applauds

Dr Surajit Pathak for his excellent speech as a resource person at the 3rd International Medicine of Anti-aging congress (IMAAC ZIYALAN) and the 1st AMWC Ziyalan Congress, conducted between the 6th and 8th December 2019, at Shenzhen, China



”

EDITORS

Dr. Priyadarshini Shanmugam

Dr. A. Moorthi

Mr. Satish Batchu

Dr.T.N.Swaminathan

EDITORIAL TEAM

Aparimita Das (MBBS)

Aadhil (ARCHITECTURE)

Ashwanth (LAW)

B. Priyadharshini (M. Sc. BIOTECH)

C. Arthi (MEDICAL NANOTECH)

Prince William (NURSING)

R.Himaja (B.PT)

S. Ankit Kumar (B. PHARM)

S.Narendraprasath (NURSING)

T.K.Arunaakshara (MBBS)

SUB EDITORIAL TEAM

Karthik Ganesh (MBBS)

Uniqca Jitracs (MBBS)

S. B. Anvar Basha (MBBS)

R. K. Aksharasrri (MBBS)

V. Nandhitha (MBBS)

Muthu Prabhakaran (MBBS)

Tharun Ramachandran (MBBS).

A. Agusta (NURSING)

K. Sneha (NURSING)

Yuvaraj (MSC. OHIS)

J. Iswariya (B. SC MBNT)

K. Vaishak (B. SC)

R. Balaji Prasad (B. SC. BIOTECH)

Shamshrikha (ARCHITECTURE)

Juvana (LAW)

V.Kanimozhi (B. PHARM)

Jenifer (PHYSIOTHERAPY)

DESIGN TEAM

S T Manigandan

P Prabakaran

J Immanuel Prabu

CONTENT EXECUTIVE

Sibi A



care konnect



care_chettinad



chettinadcare