

AHA Basic Life Support Instructor course

The American Heart Association is always seeking professionals to conduct training in first aid, CPR, AED, and advanced cardiovascular care. If you are passionate about saving lives, motivated to facilitate learning, feel comfortable in group settings, and find it easy to make complex concepts understandable to others, you may be a perfect candidate.

These Steps to Become an AHA Instructor

1. After being accepted by an authorized AHA TC, complete an Instructor Candidate Application for the TC before enrolling in an AHA Instructor Course.
2. Have current AHA provider status in the discipline for that Instructor Course and be proficient in all the skills of that discipline. Disciplines include ACLS, BLS, PALS, PEARS and Heart saver.
3. Successfully complete the Instructor Essentials Course for the discipline for which you are becoming an Instructor, including both the online portion and the classroom/hands-on session.
4. Successfully be monitored teaching within 6 months of completing the hands-on session of their Instructor Essentials Course (TC Coordinators may require additional monitoring, if needed)

Once become an Instructor, candidates will have access to the most current emergency cardiovascular care science, course updates, training resources and tools through the online AHA Instructor Network. And also be able to post class dates and times to reach more students through our public website.

Target Audience/Students for:

BLS Instructor course focuses on BLS Provider, who interest provide training the health care team/workers. To the students in a wide variety of settings, including in-hospital and out-of-hospital settings training.

Course Content:

Lesson 1: BLS Provider Course overview

Lesson 2: High Quality BLS

Lesson 3: High Performances team activity

Lesson 4: Learning Stations

Lesson 5: Scenarios testing

Methodology of teaching:

BLS Instructor course is an intensive Video based instructional and “hands-on” training course. Instructor candidates are taught how to instruct and conduct AHA BLS course using adult, child and infant CPR manikins and AEDs. They practice the CPR skills while watching the BLS Instructor Instructional videos and Faculty instruction. The approximate duration of the practical sessions only is 4 hours.

A student: Instructor Ratio of 6:1.

The student: manikin ratio is 3:1.

Evaluation & Course Completion Requirements:

To complete the AHA BLS Instructor Course successfully, a Candidate has to

- Pass the Written Exam scoring at least 21 out 25 questions (84%) correctly. The questions are of Multiple Choice Questions and it's provided by the AHA.

And also pass the practical exam (100%), evaluated by using AHA Standardized checklists.

- Pass the 1- and 2-Rescuer Adult BLS Skills with AED Test
- pass the 1- and 2-Rescuer Infant BLS Skills Test
 - Mark and percentage of score will not be mentioned, anywhere of the AHA Cards and certificates

Remediation criteria:

- Whoever score less than pass mark, will be verbally remediated if their score is between 17 to 21
- Fail: If they score less than 17 is consider as fail, Retest can give within a day or within a month, if they not able to pass, need to undergo the entire course again and do the payment for the same expect the manuals cost.

Certificate & Cards:

- Course completion card and certificate will be issued on the day of successful completion of the course by the American Heart Association through website (Atlas.heart.org)
- E- Card and certificate is internationally valid for 2 years.
- CSSC-ITC will guide and help them with the renewal course