

## **AHA Heart saver & First aid Instructor course**

Heart saver & First Aid Provider course focuses on the non- medical personnel, who interested to teach the CPR and first aid measures to the non-medicos and general publics.

### **Target Audience/Students for BLS:**

This course focuses on Instructor candidates, who needs to know how to teach CPR in an out of hospital facility setting can take this course like Industrial workers and general public.

### **Course Content:**

Lesson 1: HS & FA Provider Course overview

Lesson 2: High Quality BLS

Lesson 3: Learning Stations

Lesson 4: Scenarios testing

### **Methodology of teaching:**

HS & FA Instructor course is an intensive Video based instructional and “hands-on” training course. Instructor candidates are taught how to conduct course and how to evaluate the students, using adult, child and infant CPR manikins and AED and basic first aid measure for other life threatening emergency. The approximate duration of the practical session only is 6 hours.

A student: Instructor Ratio of 6:1.

The student: manikin ratio is 3:1.

### **Evaluation & Course Completion Requirements:**

To complete the HS & FA Instructor Course successfully, a student has to

- Pass the Written Exam scoring at least 22 out 25 questions (84%) correctly. The questions are of Multiple Choice Questions and it's provided by the AHA.

And also pass the practical exam (100%), evaluated by using AHA Standardized checklists.

- Pass the 1- and 2-Rescuer Adult BLS Skills with AED Test
- pass the 1- and 2-Rescuer Infant BLS Skills Test & Pass the 1 and 2 – Rescuer Child BLS Skills test
- Mark and percentage of score will not be mentioned, anywhere of the AHA Cards and certificates

### **QCPR Application:**

- The high quality CPR will be assessed using QCPR app, which will be connect to every manikins and quality CPR assessed during practical examination.

### **Remediation criteria:**

- Whoever score less than pass mark, will be verbally remediated if their score is between 17 to 21
- Fail: If they score less than 17 is consider as fail, Retest can give within a day or within a month, if they not able to pass, need to undergo the entire course again and do the payment for the same expect the manuals cost.

**Certificate & Cards:**

- Course completion card and certificate will be issued on the day of successful completion of the course by the American Heart Association through website ([Atlas.heart.org](https://atlas.heart.org))
- E- Card and certificate is internationally valid for 2 years.
- CSSC-ITC will guide and help them with the renewal course