

AHA Heart saver & First aid Provider course

Heart saver & First Aid Provider course focuses on the non- medical personnel, who interested to learn the CPR and first aid measures. Core component of this course is how to recognize the life threatening emergency and activate EMS and call for help, perform High quality CPR and first aid measure for choking, burns, and injury & breathing problems.

Target Audience/Students for BLS:

This course focuses on learner, who needs to know how to perform CPR in an out of hospital facility setting can take this course like Industrial workers and general public

Course Content:

Lesson 1: Course Introduction & First aid Basics

Lesson 2: Medical emergencies

Lesson 3: Injury emergencies

Lesson 4: Environmental emergencies

Lesson 5: CPR & AED

Methodology of teaching:

HS & FA course is an intensive Video based instructional and “hands-on” training course. Students are taught using adult, child and infant CPR manikins and AED and basic first aid measure for other life threatening emergency. They practice the skills while watching the HS & FA Instructional videos and instructor’s instruction. The approximate duration of the practical sessions only is 16 hours.

A student: Instructor Ratio of 6:1.

The student: manikin ratio is 3:1.

Evaluation & Course Completion Requirements:

To complete the HS & FA Provider Course successfully, a student has to

- Pass the Written Exam scoring at least 25 out 30 questions (84%) correctly. The questions are of Multiple Choice Questions and it’s provided by the AHA.

And also pass the practical exam (100%), evaluated by using AHA Standardized checklists.

- Pass the 1- and 2-Rescuer Adult BLS Skills with AED Test
- pass the 1- and 2-Rescuer Infant BLS Skills Test & Pass the 1 and 2 – Rescuer Child BLS Skills test
- Mark and percentage of score will not be mentioned, anywhere of the AHA Cards and certificates

QCPR Application:

- The high quality CPR will be assessed using QCPR app, which will be connect to every manikins and quality CPR assessed during practical examination.

Remediation criteria:

- Whoever score less than pass mark, will be verbally remediated if their score is between 20 to 24
- Fail: If they score less than 20 is consider as fail, Retest can give within a day or within a month, if they not able to pass, need to undergo the entire course again and do the payment for the same expect the manuals cost.

Certificate & Cards:

- Course completion card and certificate will be issued on the day of successful completion of the course by the American Heart Association through website (Atlas.heart.org)
- E- Card and certificate is internationally valid for 2 years.