

CHETTINAD ACADEMY OF RESEARCH & EDUCATION  
INSTITUTIONAL HUMAN ETHICS COMMITTEE  
Minutes of the meeting held on 31.8.2020

Members Present

- |                              |                  |
|------------------------------|------------------|
| 1. Dr.Rajeswari Ramachandran | Chairperson      |
| 2. Dr.A.Ruckmani             | Member Secretary |
| 3. Dr.James Kurian           | Member           |
| 4. Mr.D.Sathish Kumar        | Member           |
| 5. Mr.R.Venkatraman          | Member           |
| 6. Dr.R.Anantharamakrishnan  | Member           |

The members Dr.Mohanrao, Dr.Vijayashree ,Mr.Shyamtanupal, Mr.Arul Sahayam and Mrs.M.Meena expressed their inability to attend the meeting.

The online Zoom meeting was started at 9 am .The member secretary welcomed the Chairperson and all other members of the committee.

Out of 54 proposals submitted, 20 proposals were selected for full review presentation.2 investigators were absent.

The following 18 proposals were then reviewed in the meeting. The details of the decision taken are as follows:

**Proposal 1 – IHEC Number 83 .**

To study The Effects Of Tamsulosin vs Flavoxate vs Placebo For The Treatment Of Ureteral Stent Related Discomforts

Principal Investigator: Dr.Sepuri Bala Ravi Teja

Guide: Dr Deepak M

**Suggestions:**

To explain the method of randomization

To give proper sample size calculation

To mention about the difference between the treatment group in terms of

Cost, frequency of administration, pain relief

To mention who will administer the drugs.

To submit study specific informed consent.

Proposal 2. IHEC number 84.

Urology “A study on bacterial colonization of the ureteral double-j stents in patients with lower urinary tract symptoms after dj stenting“a study on bacterial colonization of the ureteral double-j stents in patients with lower urinary tract symptoms after DJ stenting

Principal Investigator: Dr.ArunKumarShir Shetty

Guide: Dr Deepak M

**Suggestions:**

To modify the title

To add what is new in this study when compared to earlier studies.

To mention who will take the samples.

To give the sample size calculation

To add culture negative and gender in the inclusion criteria

To mention about the time of culture test

To mention about the treatment of Culture positive in the ethical issues

To give clear-cut days for DJ stent removals.

Proposal 3.. IHEC number 85.

A study on renal hemodynamics in cirrhotics & correlation with meld

Principal investigator: Dr.Bala kasi naik

Guides: Dr. s. Babu kumar,  
Dr.Pughazhendhi Gastrionterology

**Suggestions:**

To define chronic liver disease.

To mention about the medical treatment for renal vasoconstriction

**Proposal 4 IHEC number 86.**

Prestrokeglycemic status and admission capillary blood glucose levels as a predictor of severity and short term outcome in patients with acute ischemic stroke

Principal investigator: Dr.Prasanna kumar reddy

Guide: Dr.V.R. Mohan Rao ,Co-Guide: Dr.vrinda

Dept. of General medicine

**Suggestions:**

To have a single type stroke as the study group and study the effect of HBA1C levels, other risk factors.

To do as a descriptive study.

**Proposal 5 IHEC number 87.**

Study on the effect of aspirin and statins on mean platelet volume in diabetic patients with poor glycemic control

Principal investigator:Dr. Mandapati.c.s.p raveen

Guide: Dr.V.R. Mohan Rao

Dept. of General medicine

**Suggestions:**

To mention about the criteria for patients recruitment.

To mention about the criteria according to which patients are allocated in different treatment groups.

**Proposal 6 IHEC number 88.**

Study to assess Troponin I variability in CKD patient with and without acute coronary syndrome.

Principal investigator:

Dr.Ragalikhith Kesamneni

Guide: Dr.V.R. Mohan Rao

Dept. of General medicine

**Suggestions:**

To mention the about role of the principal investigator in this study

To add other conditions in which Troponin I is elevated in the study.

**Proposal 7 IHEC number 89.**

Study to assess Troponin I variability in CKD patient with and without acute coronary syndrome.

Principal investigator:

Dr.Ragalikhith Kesamneni

Guide: Dr.V.R. Mohan Rao

Dept. of General medicine

**Suggestions:**

To mention the about role of the principal investigator in this study

To add other conditions in which Troponin I is elevated in the study.

**Proposal 8 IHEC number 90.**

Study to assess the supplementation of antioxidants and micronutrients and its outcome in patients with sepsis

Principal investigator: Yalamanchi Sriram Srujan

Guide: Prof Dr Mohan Rao

Dept. of General medicine

**Suggestions:**

To mention the about grouping of sepsis

To have moderate sepsis in both the treatment groups

**Proposal 9 IHEC number 91.**

Study of recurrent uncomplicated and its association with virulence factor genes

Principal investigator: Suraj Rajendra Patil

Guide: Prof Dr. Vigneshwaran J

Dept. of General medicine

**Suggestions:**

To mention about who will bear the cost of investigations.

To give case definition for relapse & reinfection.

**Proposal 10 IHEC number 92.**

Study of recurrent uncomplicated and its association with virulence factor genes

Principal investigator: Rehab yaser nainar

Guide: Prof.Mayila nanthi

Dept. of General medicine

**Suggestions:**

To mention about disclosure of result to the participants and the treatment given to them in the ethical issues.

To mention about the treatment given for higher score patients

**Proposal 11 IHEC number 93.**

A case control study on the role of genetic polymorphism as a risk factor for the development of copd in smokers

Principal investigator: Pande Rajat Prabhakar

Guide: Prof Vigneshwaran J

Dept. of General medicine

**Suggestions:**

To mention about the amount of blood to be withdrawn.

To mention about the disclosure of results and the benefits to the patients

To mention about recommendation to the family.

To mention about who will bear the cost of investigation

**Proposal 12 IHEC number 94.**

A comparative study of epley's maneuver and semonts maneuver in the treatment of posterior semicircular canal benign paroxysmal positional vertigo

Principal investigator: Guna keerthana.R

Guide: Dr.S.Prabakaran

Dept. of ENT

**Suggestions:**

To mention about the age group in the inclusion criteria

To mention about the risks to the patients

To give study specific informed consent.

**Proposal 13 IHEC number 95.**

A prospective study to determine the bacterial flora causing lower respiratory tract infections in patients following tracheostomy

Principal investigator: Swetha.T

Guide: Prof.Dr.K.priya

Dept. of ENT

**Suggestions:**

Approved

**Proposal 14 IHEC number 96.**

Comparison of the role of Hyperbilirubinemia VS the role of Neutrophil to lymphocyte ratio in predicting GANGRENOUS/PERFORATED APPENDICITIS in emergencies in tertiary care centre

Principal investigator: Dr.Katuri Varun Kiran,

Guide Dr.A.Prabakar

Co-Guide Dr.R:agumani

Dept. of General surgery

**Suggestions:**

To give sample size calculation in the methodology

To remove the inference from the methodology

To collect the radiological data and correlate with gold standard test

To give study specific informed consent

To get consent from the parents for the patients below 18 years.

**Proposal 15 IHEC number 97.**

A randomised control study to compare the efficacy of autologous platelet rich plasma with topical treatment in patients with fissure in ano in a tertiary care centre

Principal investigator: Dr.varsha vaidianathan,

Guide Dr.Affee Asma.G

Dept. of General surgery

**Suggestions:**

Case & control group should be matched in terms of age and chronicity of the fissure

To have a uniform standard management for all the three groups

To mention about the frequency and complications of autologous serum administration

To mention about the amount of blood withdrawn

To give study specific informed consent

**Proposal 16 IHEC number 98.**

Comparative study of clinical scoring system in aTertiary care centre - -a cross sectional study

Principal investigator: Dr.Aravind kumar.KR

Guides: Dr.Muralidhar, Dr.ImranthariqAjmal

Dept. of General surgery

**Suggestions:**

Do not mention as the first study in the justification



The scoring system should be done by different person in order to avoid bias.

**Proposal 17 IHEC number 99.**

Modified kugel inguinal hernia repair(sutured mesh fixation) vs lichtenstein inguinal hernia repair- a randomized control trial

Principal investigator: Dr.Pragadeshwaran.C

Guide:

Dept. of General surgery

**Suggestions:**

To include chronicity of hernia.

To mention about the recurrence rate, follow-up

The maintain uniformity in competency of the operating surgeon.

To mention about who will bear the cost.

**Proposal 18 IHEC number 100.**

Effectiveness of chewing gum on return of bowel motility in women undergoing elective caesarean deliver

Principal investigator: Dr.Nitheesha reddy DD

Guide: Dr.Vijayalakshmi.K

Dept. of General surgery

**Suggestions:**

To give the composition of chewing gum

To do the study in gynaecological surgeries other than LSCS.



*Dr. A. Ruckmani*

Dr.A.Ruckmani  
Member Secretary