

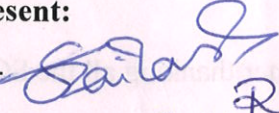
MINUTES OF STUDENT COUNSELING CENTRE (SCC) MEETING

HELD ON 7.4.2022


Venue: A block, OPD NO 1, CHRI

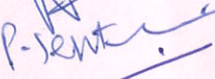
Time: 2 pm to 2.45 pm

Members Present:


Dr Kailash S - 


Dr C. N. Ram Gopal - 

Dr K. Senthil Kumar - 


Dr P Senthil Kumar - 

Dr K. Lakshmi - 

Mrs Kalaiselvi - 

Ar. Vaidyanathan - 

Dr Renu - 

Dr Sivabackiya - 

Agenda 1: Updation and documentation of SCC Activities

Dr Renu discussed regarding an Activity based session on Conflict Resolution conducted for Students of College of Law. The details of the meetings and programs conducted has been shared and documents have been updated.

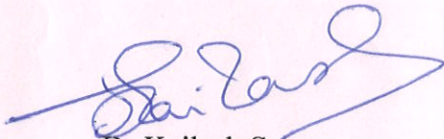
Agenda 2: Future activities planned on Behalf of Student Counselling Centre

Dr P Senthil Kumar discussed that the sessions that happened with the students of the individual colleges were useful. He further added that such sessions can be regularly conducted for the students and the same was agreed by all the members.

Agenda 3: Discussions about maintaining healthy relationships in students

It was discussed that students have lots of conflicts with respect to maintaining healthy relationships. Students tend to have interpersonal relationship issues often with friends, parents and roommates. This puts them in significant stress leading to decreased efficiency in academic, social and personal life. Coping strategies with such stresses like problem solving, improving communication and conflict resolution was discussed.

The meeting concluded with the convener thanking all the SCC members for their active contributions



Dr Kailash S

(Convener – SCC)

Copy to:

The Vice Chancellor, CARE

The Registrar, CARE

Members of SCC