

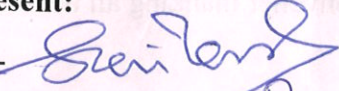
MINUTES OF STUDENT COUNSELING CENTRE (SCC) MEETING

HELD ON 10.2.2022


Venue: A block, OPD NO 1, CHRI

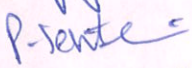
Time: 2 pm to 2.40 pm

Members Present:

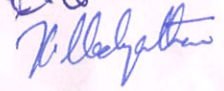
Dr Kailash S - 

Dr C. N. Ram Gopal - 

Dr K. Senthil Kumar - 

Dr P Senthil Kumar - 

Dr K. Lakshmi - 

Ar. Vaidyanathan - 

Dr Renu - 

Agenda 1: Updation and documentation of SCC Activities

Dr P Senthil Kumar discussed about the Guest Lecture organised on College Life – An Overview and Mind Gaming competition. The details of the meetings and programs conducted has been shared and documents have been updated.

Agenda 2: Future activities planned on Behalf of Student Counselling Centre

Dr Renu discussed regarding an Activity based session on Conflict Resolution which is being planned for Students of College of Law. Dr Ramgopal had shared regarding sessions on behalf of SCC for recently joined MBBS students as part of their foundation course.

Agenda 3: Digital Well Being of students

It was discussed regarding the excess screen time and social media usage by the students. The impact of excess screen time on attention, memory, sleep

quality and poor academic performance was also discussed by all the members of the SCC. Dr Kailash had suggested that the awareness of the students

regarding the presence of digital usage monitoring apps and its benefits can be improved.

The meeting concluded with the convener thanking all the SCC members for their active contributions



Dr Kailash S

(Convener – SCC)

Copy to:

The Vice Chancellor, CARE

The Registrar, CARE

Members of SCC