

MINUTES OF STUDENT COUNSELING CENTRE (SCC) MEETING HELD ON 15.12.2021

Virtual Meeting

Time: 2 pm to 2.40 pm

Members Present:

Dr Kailash S – Convener, SCC  
Dr P Senthil Kumar - Member  
Ar. Vaidyanathan – Member

Dr C. N. Ram Gopal – Member  
Dr Lakshmi – Member  
Dr Renu – Member

Agenda 1: Documentation and Updation

The details of the meetings and programs conducted has been shared and documents have been updated.

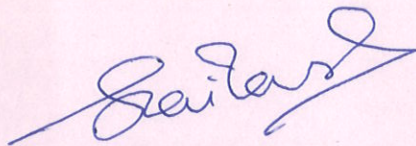
Agenda 2: Mentorship program

Ar. Vaidyanathan discussed about the Mentorship program in College of Architecture. He mentioned that particular themes like empathy, mind mapping are chosen for 3-6 months and discussed with students in different modalities. He further added that writing a journal for first 15 minutes in the morning helped students focus and manage time better. Dr Lakshmi mentioned that their mentorship program is part of the time table and happens effectively. Dr Kailash discussed about the mentorship programs for the medical students

Agenda 3: Other Student counseling related activities

Dr Renu mentioned that celebrating Men's days also helped students feel a sense of gender equality. Introduction of freshers, Team building exercises have also helped students of College of Law. Dr Lakshmi had mentioned that there need to be sessions to focus on physical health of students. Further she added that sessions to improve the relationship between students and parents and motivate the students to contribute in household responsibilities can be planned. Dr Ramgopal had mentioned that the student counseling room would be better with curtains.

The meeting concluded with the convener thanking all the SCC members for their active contributions



Dr Kailash S  
(Convener – SCC)

Copy to:

The Vice Chancellor, CARE  
The Registrar, CARE  
Members of SCC

CHRI  
DR. KAILASH M.D.D.N.B  
Associate Professor  
Department of Psychiatry  
Kelambakkam, 603103  
Reg No: 83719