



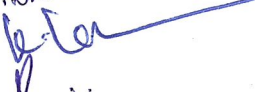




MINUTES OF STUDENT COUNSELING CENTRE (SCC) MEETING
HELD ON 3.10.2023

Venue: A block, OPD NO 12, CHRI

Time: 2 pm to 2.45 pm

Members Present:

Dr Kailash S - 
Dr C. N. Ram Gopal - 
Dr K. Senthil Kumar - 
Dr P Senthil - 
Dr K. Lakshmi - 
Mrs Kalaiselvi - 
Ar. Vaidyanathan - 

Agenda 1: Discussion regarding programs for World Mental health Day 2023

In line with the theme of the World Mental health day 2023, "Creating hope through Action" it was decided to plan for student led activities for the entire month of October 2023. Programs like drawing, short talk completion, street plays, community awareness programs were planned to be conducted. The report of all the activities will be compiled and sent to National mental health program coordinator as per orders.

Agenda 2: Sessions in Induction program of different colleges

Students joining various colleges of the university were addressed on behalf of the Students Counselling Centre. Sessions on the topic of Transition from school to college, Stress management, Anti Ragging Awareness, Digital Well being were conducted. Further the students were encouraged to contact Student counselling centre members for any difficulty

Agenda 3: Review of Events of World Suicide Prevention day

The members shared that students enthusiastically participated in community awareness programs by making placards and posters. Students delivered awareness talks to colleagues and public. Further students reported to have been benefitted with Psychological First Aid and Suicide Risk Assessment sessions

The meeting concluded with the convener thanking all the SCC members for their active contributions

CH & PI
DR. KAILASH SURESH KUMAR, MD.DNB,
Professor & HOD
Department of Psychiatry
Kelanibskkam - 603103
Reg No. 83719

Dr Kailash S

(Convener – SCC)

Copy to:

The Vice Chancellor, CARE

The Registrar, CARE

Members of SCC