


MINUTES OF STUDENT COUNSELING CENTRE (SCC) MEETING
HELD ON 4.4.2023


Venue: A block, OPD NO 12, CHRI

Time: 2.30 pm to 3.15 pm

Members Present:


Dr Kailash S. 


Dr C. N. Ram Gopal - 

Dr K. Senthil Kumar - 

Dr P Senthil - 

Dr K. Lakshmi - 

Mrs Kalaiselvi - 

Ar. Vaidyanathan - 

Agenda 1: Review of SCC activities and discussion

Various Student Counseling Activities of different colleges of the University in the topics of Study skill techniques, Relaxation techniques, Time management and maintaining healthy lifestyle were discussed among the members and documented.


Agenda 2: Preparedness and response for distress in students during exams were discussed

It was discussed that as the exams have begun, the members of SCC of different colleges in the University can share their contact details, contact details of members of SCC and encourage students to contact when they are having some difficulty. Relaxation techniques, coordination with student mentors and parents, counselling to improve coping and if needed medical treatment were discussed as options to be offered to the students.

**Agenda 3: Planning for program on International Day against Illicit Drug Abuse
and Human Trafficking**

With the increasing prevalence of drug abuse in adolescence and young adults it was planned that IEC activities, awareness lectures, interactive programs will be planned for commemorating the day on June 26th 2023

The meeting concluded with the convener thanking all the SCC members for their active contributions


CH & RI
DR. KAILASH SURESHKUMAR, MD, DNB,
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Reg No. 83719

Dr Kailash S

(Convener – SCC)

Copy to:

The Vice Chancellor, CARE

The Registrar, CARE

Members of SCC