



Skilled clinical training for the leaders of tomorrow

Recognized by
University Grants Commission (UGC)

2024 - 25



School of Physiotherapy
Chettinad Academy
of Research and Education
(Deemed to be University)

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About Chettinad

The Chettinad Group with a legacy of over 60 years in education, have been pioneers in providing progressive learning environment across Tamil Nadu. The Chettinad Group is currently responsible for over 12000 students in 22 private, government-aided schools and colleges for Medicine, Dentistry, Engineering, Law, Architecture, Physiotherapy, Nursing, Allied Health Sciences and Pharmaceutical Science.



Accredited by
NAAC 'A++' grade



About CARE

Chettinad Academy of Research and Education (CARE), was established and conferred the status of Deemed to be University in the year 2008. CARE has been accredited with grade “A++” by NAAC, accorded 12(B) status of UGC and accorded SIRO status by DSIR. In conformity with the vision of the University, the academic programs offered are professional, job oriented and innovative. CARE offers 60+ academic programs in faculty of Medicine, Nursing, Allied Health Sciences, Law, Pharmaceutical Sciences, Physiotherapy and Architecture. Program range includes 17 undergraduate, 48 Post Graduate, 1 Post Graduate Diploma, 7 Super Speciality courses and Doctor of Philosophy. Most of these courses are interdisciplinary and as per emerging needs. Choice Based Credit System pattern is followed in many programs and is integrated with research projects that engage students in a deep dive through research.

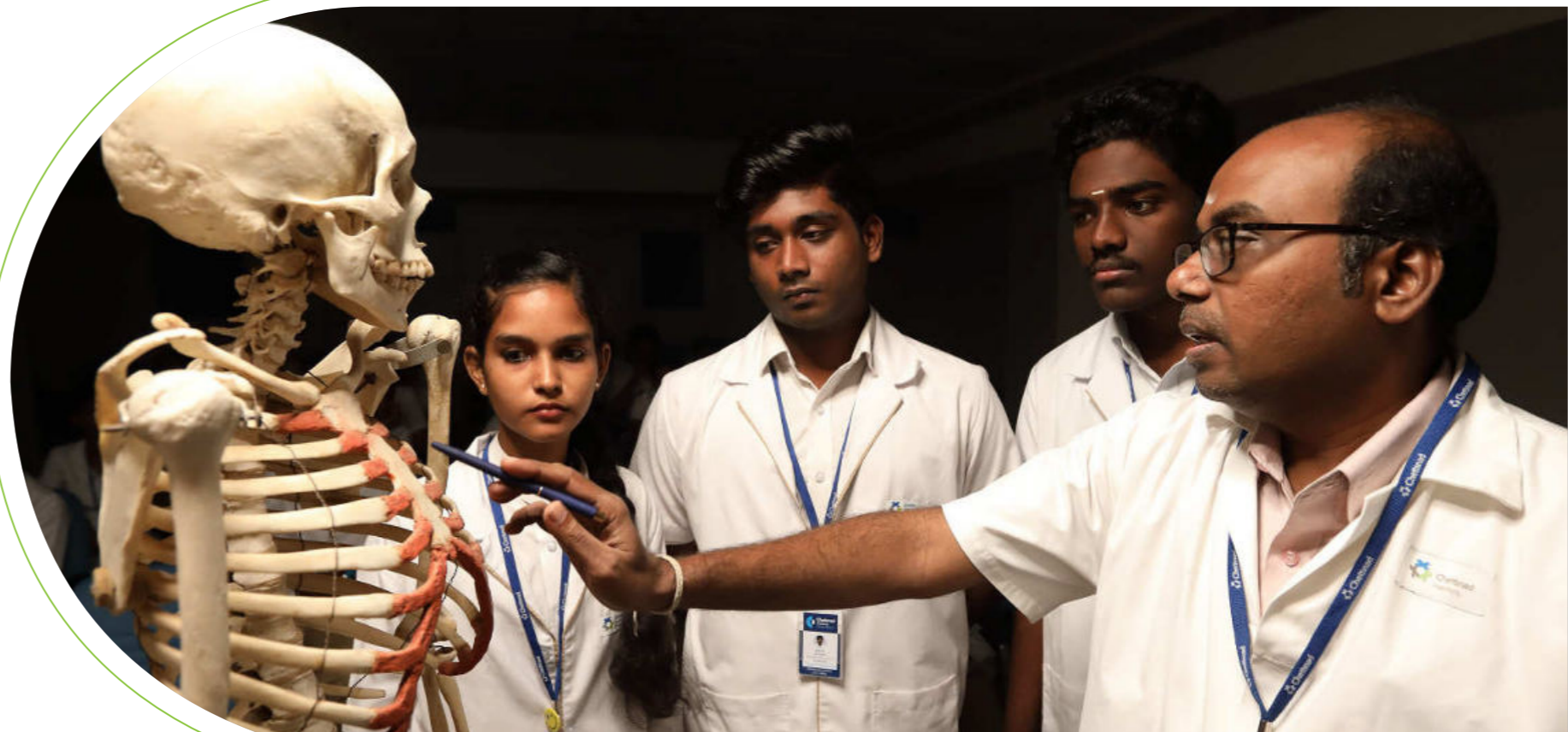
CARE has 2500+ students pursuing their UG, PG or Ph.D education in an academic year. Deserving students are offered upto 100% scholarship. The intellectual capital of CARE comprises of qualified, proficient and dedicated 400+ teachers and a well-stocked Library having books, 6000+ e-journals and data base that form the back bone of CARE. In addition CARE has more than 1100 publications, 35+ patents and 50+ active MOUs.

Vision

To offer transformative education and enable individuals to become responsible, empathetic global citizens who contribute towards a sustainable future.

About Chettinad School of Physiotherapy

Chettinad School of Physiotherapy was a newly established institution from the 2019-20 academic year under Chettinad Academy of Research and Education (CARE). Chettinad School of Physiotherapy follows the Credit based semester pattern for both the undergraduate and postgraduate programs and integrated with research projects that engage students in discovery through research. Potential of employment for students in Clinical Skill is established through hospital clinical training. We have 1200 bedded Chettinad Hospital and Research Institute where the physiotherapy students can gain the practical exposure of varying patient rehabilitation under clinical supervision. Course curriculum are designed and periodically revised with clinical and academic expert guidance to make the students work, world and future ready.



Mandatory Rotatory Residential Internship



Programmes Offered

Undergraduate Level

- **Bachelor of Physiotherapy (B.P.T)** - 4 Years & 6 months Internship period.

Postgraduate Level

- **Master of Physiotherapy (M.P.T)** - 2 Years

Specializations

- **MPT - Orthopaedic Physiotherapy**
- **MPT - Sports Physiotherapy**
- **MPT - Neurological Physiotherapy**
- **MPT - Cardiorespiratory Physiotherapy**
- **MPT - Obstetrics & Gynaecology Physiotherapy**

Ph.D

- **Full time and Part time (Doctorate in Physiotherapy)**

Value Added Courses

Physiotherapy professional related courses

- Ergonomics
- Postural Analysis
- Women's Health
- Geriatric Care
- Health Fitness
- Mulligan Mobilisation
- Kinetic Control & Movement Analysis
- Maitland's Manipulation
- Hospital & Healthcare Management
- Scientific Writing
- Research Methodology

Personality related courses

- Personality Enhancement Program
- Foundation of Positive Psychology
- Meditation

Extra- added courses

- Tai Chi
- Food & Health
- CPR
- Yoga
- Critical Care Management
- Acupressure



Courses

UG: Bachelor of Physiotherapy (B.P.T) - 4.5 Years

PG: Master of Physiotherapy (M.P.T) - 2 Years (Orthopaedic & Sports Physiotherapy)

| Percentage of Marks obtained in qualifying examination passed | Scholarship Details | Scholarship | Tuition Fees Payable per annum (Rs.) |
|---|---|---------------|--------------------------------------|
| 95 and above | Smt. Geetha Muthiah Outstanding Merit Scholarship | 100 % | Nil |
| 80 to 94 | Kumari. Meyammai Muthiah Global Merit Scholarship | 75 % | ₹ 1,12,500 |
| 70 to 79 | Kumari. Sigapi Muthiah Academic Merit Scholarship | 65 % | ₹ 1,57,500 |
| 60 to 69 | Shri. Ramaswamy Muthiah Talent Merit Scholarship | 60 % | ₹ 1,80,000 |
| 50 to 59 | CARE Performance Scholarship | 50 % | ₹ 2,25,000 |
| Below 49 | - | No Fee Waiver | ₹ 4,50,000 |

Note : Hostel, transportation, books and instruments costs will be additional

Discontinuance of Study:

Where any student applies for discontinuance, migration or without any application discontinues on his/her own, from the course to which he/she has been admitted to, for any reason, either on or after the cut-off date prescribed by the statutory and/or University authorities for admission to the first year of the course or where the seat is rendered vacant without having any chance of being filled up with any other candidate such students will have to remit the tuition fee and other applicable fees for the 'entire/ remaining course period'.

Life at Chettinad School of Physiotherapy

Leading Clinical Training & Internship

The Chettinad School of Physiotherapy is dedicated towards providing compulsory Clinical Postings during the period of four years of the programme. In addition to this, a student has to undergo a mandatory internship programme for a period of six months after the student has completed all the eight semesters. This rigorous clinical training helps to equip them with much needed practical aspects of the profession.

Cutting-edge facilities

The Chettinad School of Physiotherapy has the world class academic infrastructure which helps in providing the best of training to the students. It includes an Exercise Therapy and Gait Lab Unit which helps in demonstrating the various techniques in physiotherapy. A highly equipped Electrotherapy Unit, Orthopaedic, Neuro and Cardio-respiratory Physiotherapy Unit add value to the expert training that is given to them.

Multidisciplinary Focus

The Chettinad School of Physiotherapy will train the students in all the aspect and make them to be more valued in the society. This will teach them to enhance their personality, stress management program in addition to the skilled physiotherapy training.

Research Strength

The Chettinad School of Physiotherapy has eminent researchers who will shape the students according to the national and international innovative study project in the Physiotherapy field. A dedicated research unit focuses to facilitate the students to do the research related physiotherapy.

Leadership Development Program

The Chettinad School of Physiotherapy also conducts varying leadership development program during their study period. It will provide all the undergraduate and postgraduate students, access to mentoring programs and opportunities to improve their leadership skills, giving them the best possible start in their profession.



Why Chettinad School of Physiotherapy

- *Clinical skilled training*
- *Experiential learning*
- *Compulsory value added programmes*
- *Guest lectures, seminars and CME by experts*
- *Innovative/research training*
- *Highly equipped exercise therapy units & labs*
- *Compulsory clinical postings & internships*
- *State-of-the art infrastructure*
- *World class residential and recreational facilities*
- *Well-structured electrotherapy*



Avail Value Added Courses



- ***Gait training unit***
- ***Electrotherapy unit***
- ***Sports & fitness unit***
- ***Clinical training in varying OP/ IP departments***
- ***Internship program***
- ***Research & innovative training***
- ***Well stocked library with latest editions***
- ***State-of-the-art lecture theaters***
- ***Digital library & resource center***
- ***Advanced learning management system***

Member of  **DELNET**
Developing Library Network

Careers in Physiotherapy

Physiotherapy graduates will find roles at private practices or multispecialty hospitals and at sports centres. Specific roles will see you tend to the elderly, while undertaking orthopaedics, obstetrics, paediatrics and sports medicine.

Prospects

- Private clinical practice with doctor's team
- Healthcare organisations
- Sports rehab centre
- Ergonomic advisor
- Geriatric rehab centre
- OBG clinic
- Obesity & fitness centre





Hostel Life

- *Air-conditioned rooms*
- *TV & Wi-Fi*
- *Laundry service*
- *Saloon & spa*
- *Gymnasium*
- *Indoor sports facilities*
- *Outdoor sports facilities*

Self Contained Campus

- *Serene eco-friendly campus*
- *Well-stocked utility center*
- *Safe and secure campus with more than 600 CCTVs*
- *Round the clock security personnel*
- *Turnstile and access control for better surveillance*
- *Well connected transport facility*



- *Multi-cuisine food court*
- *Wi-Fi enabled campus for better connectivity*
- *Pollution free battery driven cars and bicycles with park & ride facility for in-house transportation*
- *Acoustic modeled auditorium*
- *Full-fledged bank & ATMs operational on campus*



Don't try to teach perfect movement patterns, instead try to correct the key fault that is causing the trouble.

- Karel Lewit

Chettinad School of Physiotherapy

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